



GROUP EMPOWERMENT COACHING FALL SESSION 2018

Well Hello There!

We are so excited to begin our group empowerment coaching sessions for the world's everyday SuperStars! I have found that it is easy to feel like we are alone and our challenges are rare. But in reality, we all have breakdowns, obstacles, and self-sabotaging tendencies that just require someone to shake us and wake us up to the incredible humans and artist's we are. Below is information regarding the upcoming fall session that begins October 7th. Space is limited, so please get back to us as soon as possible!

ABOUT:

This three month program will be heavily focused on turning your dreams into reality, as well as having a Coach and Accountability Partner to help keep you motivated and focused. We touch upon different topics bi-weekly (which will be based off of your questionnaire answers) and will have homework assignments given to complete between meetings.

WHEN:

Alternating Sunday's
8PM - 10PM

October 7th
October 21st
November 4th
November 18th
December 2nd
December 16th

WHERE:

Virtually on the ZOOM app (<https://zoom.us/>)
It will be recorded in case you must miss a session

COST:

\$150 (\$25/Session)
Deposit of \$75 due by October 1st
Remaining \$75 due by October 7th

WHAT TO DO NOW:

1. Grab a brand new notebook dedicated to the sessions
2. Add us on Social Media @Aureliamichael and @_ConfidenceIsKee_
3. Submit deposit via options below:
Paypal - aureliamichael@gmail.com (send as friends and family)
Venmo - @aureliamich
Cash App - \$AMich
4. Submit Questionnaire Answers:
 - What would you say is the biggest roadblock in your way at this moment?
 - What 3-5 topics you would love to have covered during our sessions?
 - What would you like to get out of our time together?
 - Are you able and available to have an accountability partner?
 - Where do you live?

We look forward to working with you! If you have any additional questions, feel free to email us at inquiry@confidenceiskee.com.